

## Chronic Disease Management and Prevention Program (CDMPP) Practice Enrolment & Nurse Support Strategy

### What is the CDMPP?

The CDMPP is an evidence based program supporting better management of lifestyle related chronic diseases such as Diabetes, Cardiovascular Disease, Respiratory Disease, Renal Disease and some Cancers in the general practice setting. The program provides support where there is market failure and targets adults with high risk factors or multiple chronic conditions. The Program directly supports team based care and encompasses three key areas including better access to selected allied health services, Aboriginal health worker and nursing workforce support.

### About the Practice Nurse Support Program

Practices participating in this strategy will have access to additional nursing support to increase their capacity and optimise the identification and management of patients targeted under the CDMPP. Funding will be available to support additional nursing hours, and practices will be supported by the CDMPP Practice Support team and participate in a quality improvement approach to assist uptake and adoption of key enablers - including development and maintenance of chronic disease registers, resources and templates, data cleaning and data accuracy, and patient recall and reminder systems.



### Benefits of the program

- Additional nursing workforce support
- Improved identification and enrolment of patients in planned care
- Improved identification, monitoring and follow-up of patients
- Increased knowledge and understanding of the practice population and risk profile
- Support to clean data and undertake stratification and patient registers
- Improved systems to support multidisciplinary team based care
- Collaboration with other practices as part of the Quality Improvement (QI) program
- Improved practice productivity

### Where to from here?

To find out more about the CDMPP Practice Enrolment and Nurse Support Strategy, please contact Denise Gordon, Executive Manager of Clinical Services at the NSW Outback Division of General Practice in Bourke on 02 68 724 777.

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