

## Chronic Disease Management and Prevention Program (CDMPP) Allied Health Services Strategy

### What is the CDMPP?

The CDMPP is an evidence based program supporting better management of lifestyle related chronic diseases such as Diabetes, Cardiovascular Disease, Respiratory Disease, Renal Disease and some Cancers in the general practice settings. The program provides support where there is market failure and targets adults with high risk factors or multiple chronic conditions. The Program directly supports team based care and encompasses three key areas including better access to selected allied health services, Aboriginal health worker and nursing workforce support.

### About the Allied Health Services Strategy

The CDMPP will assist mainstream and Aboriginal Community Controlled general practices across the catchment to access allied health services to support multidisciplinary team based care. Based on existing area of need previously demonstrated under the Western NSW PHN program, the CDMPP will provide continuing access to a range of allied health services to support management and prevention of cardiovascular disease, diabetes and other chronic conditions. The NSW Outback Division is working in collaboration with the NSW Rural Doctors Network and Maari Ma Health Aboriginal Corporation in the delivery of the Allied Health Strategy which will provide access to Allied Health Services (determined per community) and may include Dietitians, Exercise Physiologists, Diabetes Educators and Podiatrists.

### How it works

The Allied Health Providers will work closely with General Practices to support planned care and referral pathways as part of team based care. They promote chronic disease prevention strategies with self- management support and will work as part of the multidisciplinary team and tailor treatment to individual needs.

### Benefits of the program

- Better access to GPMP and TCA support
- Improve quality and patient self - management
- Strengthen planned care for patients with chronic conditions
- Access to face to face consultations and where appropriate telehealth interventions
- Support adoption of clinical pathways and referral mechanisms
- Improved practice productivity

### Where to from here?

To find out more about the CDMPP Allied Health Services Strategy or to obtain information regarding our providers in your community, please contact Tanya Jackson, General Manager at the NSW Outback Division of General Practice in Bourke on 02 68 724 777.

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